### A FILM BY KIMBERLY DILLON

# ONE DAY

## SYNOPSIS

The Woman wakes up on a seemingly average day. As they always do, various unwelcome voices run on a loop in her mind, reminding her she's unworthy, not good enough, and a pawn for male opinion. While normally able to push down her feelings, this day her body & mind react violently in rebellion.

As feminine energy rebirths her, we see her awaken in a newly formed paradigm, <u>day one</u> of the Matriarchy.

## LOGLINE

A woman begins an uncontrollable physical and mental journey as she wakes up to find herself in the first day of The Matriarchy.

## **CONTACT INFO**

### Kimberly Dillon WRITER-PRODUCER-DIRECTOR

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Genre: **Production Year:** Country of Origin: **Running Time: Directed By:** Written By: Produced By: **Director of Photography:** Editor and Sound by: **DI Color by:** 

**ONE DAY** 

Narrative / Short 2023 USA 6:13 minutes Kimberly Dillon **Kimberly Dillon Kimberly Dillon** Alyssa Renzi Louis Leuci **Aaron Burns** 

## *Writer / Director* Kimberly Dillon

Kimberly Dillon is an Actress, Producer, Director, and Writer. Most recently she wrote, produced, and directed the short film 'One Day' about the first day of the Matriarchy. Other producing includes the short films 'Warriors of Education' and 'Sound/Vision'. As a New York based theatre producer, she has presented a site-specific run of 'Savage in Limbo', two one-woman shows 'The Road Back' (The Chain Theater) and 'WHORE' (Paradise Factory), and 'Between the Threads: Jewish Women Project' (HERE Arts Center.)

Most recent acting credits include the films 'Triceratops' as a Mom dealing with her husband's abandonment and 'Hair Trigger', as a woman desperately trying to cope with her daughter's school shooting. Kimberly's writing is available on Substack and Patreon.



More information at: kimberlydillon.net

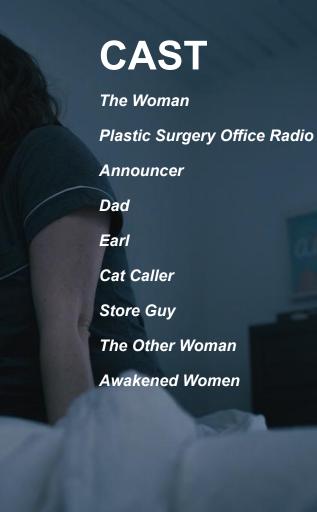
## WRITER/DIRECTOR NOTE

My work on this film began in 2016 when I had a transformational reaction to a very public rape case. The details of what happened to the raped woman became a crucible for me to explore the somatic reactions I was experiencing as a result. The gut-wrenching heaviness caused by the inequities and double-standards women contend with wasn't new, but this time I was met with feelings of a curtain being lifted. I was seeing our culture through different eyes.

I was compelled to reach out to other women and see if they felt the same way. I organized sisterhood talking circles and an embodiment workshop. As I brought different women together, all unique in their backgrounds, I saw how they moved, listened to their memories, and shared in their vulnerability. Through this, the 'One Day' story took even sharper shape.

Women are bombarded with unfair and unreachable societal expectations and injustices constantly, and we often don't process or recognize the damaging effects of it. In our efforts to "keep it moving" and not allow ourselves to feel, we allow and fall prey to systems that want us controlled, small, and in line.

'One Day' asks the question: What if the Matriarchy began on one seemingly average day? What if feminine energy became the rule, and changed the paradigm? We follow one woman as she struggles with the sudden changes of being liberated from the inside out. She's in a new world and doesn't know it yet. This movie is a hopeful imagining, based on my desire for every woman's awakening, embracing the idea that a new world *is* possible.



Kelly Wallace-Barnhill

Koh Mochizuki **Richard MacDonald** Sandford Stokes **Gabriel Canett Ray Stakenas** Katharine Leonard **Justine Cohen Nechelle Dismer** Leigh Greaney **Kimberly Dillon** 



## Kelly Wallace-Barnhill as *The Woman*

Kelly Wallace-Barnhill, originally a rock singer and "beach goth" from south Florida, studied theater and movement in college, and trained further in New York City with Polina Klimovitskaya in Kinetic Mind Technique at Michael Howard Studios. She did a little comedy too and founded the Kelly and Lindsey duo with her writing partner Lindsey Gentile, hosting a long running comedy variety show at all the seediest bars in Manhattan and creating and producing comedy web series. She currently resides in Los Angeles where she lives with her two soulmates (cats), Beatrix Kiddo and Chronos Constant and acts, writes, & does energy work and creative consulting.

## CREDITS

Directed by: Written by: Produced by: Director of Photography: Editor, Sound & Title Designer:

DI Colorist:Aaron BurnsDigital Intermediate:ASSEMBLY1st AD:Michael MoffittProduction Assistant:Lara MariaEnd Credits Music:"Cannon"Written by Laura Larson, Corrie Harrigan, and LizElton, Performed by Kitten Forever, Courtesy of RatQueen Records, By arrangement with TerrorbirdMedia

**Kimberly Dillon** 

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Kimberly Dillon

Alyssa Renzi

Louis Leuci



### **DIRECTOR OF PHOTOGRAPHY** Alyssa Renzi

Alyssa Renzi is a cinematographer and camera operator in Los Angeles, CA. She has worked on a variety of projects that have screened at numerous film festivals. She's also a licensed drone operator.

### EDITOR, SOUND & TITLE DESIGNER Louis Leuci

Louis was born in Brooklyn, NY and raised in Wilmington, NC. He returned to New York to attend NYU's Tisch School of the Arts and worked at Saturday Night Live from 2012 to 2021. He is the film editor and director for the NYC-based comedy sketch series The Violet Hour.



### DI COLORIST Aaron Burns

Aaron has been working in the motion picture industry since the early 2000s.He came up splitting his time between editorial and the camera department before finding a love of color. His credits as a colorist include dailies for The Marvelous Mrs Maisel, Penny Dreadful: City of Angels, Maniac, Tales of the City, Life Itself, You Were Never Really Here, and many more. When he is not in the grading suite crafting beautiful images, you can find him taking pictures or rock climbing.



### SCREENINGS / AWARDS

\* BLACKBIRD FILM FESTIVAL - APRIL 12, 2024 WINNER: Audience Choice Award (*No Boys Allowed* 

block) AWARD NOMINATIONS: Powerful Voice, Sound

Design, Cinema Writing

\* NEVADA WOMEN'S FILM FESTIVAL - JUNE 19, 2024









